

Physical Education - ROAD MAP TO RECOVERY

A staged approach to safe return in response to covid-19

From 29 March 2021

From 19 April 2021

All dates are subject to change based on government guidelines

	Stage 1	Stage 2	Stage 3	Stage 4	Stage 5	
 Physical Education	Individual Activities All students in school, wearing kit for PE days, 1 Practical Lesson 1 Wellbeing lesson Hygiene protocols	Small Groups Minimal equipment Individual and team activities in small groups 1 Practical lesson 1 Wellbeing Lesson	Adapted Activities Equipment sharing with regular cleaning Small sided outdoor games 1 Practical Lesson 1 Wellbeing Lesson	Conditioned Competition All students wearing kit for PE days. Return to original PE groups & timetabled PE lessons. Outdoor sports prioritised Full equipment use with regular cleaning between classes Introduce contact & 'squad' size interaction	Fully Functioning Full facility, equipment and timetable use with 'normal' participation by all	 Physical Education
 School Sport	Virtual challenges	Virtual challenges	One year group per night Follow NGB guidelines with intra- house competition opportunities	One year group per night. Follow NGB guidelines with intra – house competitions. Limited inter-school competition	Follow NGB guidelines to train, play & compete	 School Sport
 Physical Activity	Virtual challenges Promoting physical activity – walking / cycling	Virtual challenges Promoting physical activity – walking / cycling	PHYSICAL ACTIVITY CLUBS	PHYSICAL ACTIVITY CLUBS	PHYSICAL ACTIVITY CLUBS	 Physical Activity