

Children and Family Wellbeing Service Burnley September – December 2023 timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Infant Massage 1.00pm-2.00pm Tay Street Family Hub</p> <p>Baby and You 1.15pm-2.15pm Chai Centre</p> <p>Mini Move and Groove 2.15pm-3.15pm Chai Centre</p> <p>Horizons Drop-in 12.45pm-2.15pm Whitegate Nursery</p> <p>CONNECT wellbeing session 2.30pm-4.00pm Tay Street Family Hub</p> <p>Uniquorns S.E.N.D. session for 12-19+ 6.30pm-9.00pm Burnley Zone</p> <p>Children and Family Wellbeing Service Welcome Form</p>  <p>Scan QR Code to Complete Electronic Welcome Form</p>	<p>Chat Play Read 9.30am-11.00am Tay Street Family Hub</p> <p>Young Parents group New parents & parents-to-be U25 10.00am-11.30am Burnley Zone</p> <p>Triple P TEEN To book your place call 01282 470707 9.30am-11.30am Ightenhill Centre</p> <p>New to 2 sessions run by Whitegate Nursery contact the nursery for more information on 01282772283</p> <p>HAPI 16/17 homeless drop-in for support and advice. Call 01282 470891 for more information</p> <p>POWAR (SEND Youth Participation voice) 4.30pm-6.00pm for 8-15yr olds 6.30pm-8.00pm for 16-25yr olds with SEND Burnley Zone</p> 	<p>Infant Massage 9.30am-10.30am Chai Centre</p> <p>Chat Play Read linking with Burnley Youth Theatre 10.00am-11.30am Burnley Campus</p> <p>Baby Clinic with play activities 1.00pm-3.00pm Tay Street Family Hub</p> <p>Triple P Group To book your place call 01282 470707 1.00pm-3.00pm Chai Centre Course starts - 4/10/2023</p> <p>Inside Out programme To book your place call 01282 470707 3.30pm-5.00pm Chai Centre Course starts -13/9/2023 Course starts 1/11/2023</p> <p>Colourful Footsteps 5-11 yrs. S.E.N.D group with parents 3.45pm-5.00pm Tay Street Family Hub</p> <p>Quit Squad Smoking Cessation Clinic By appointment 2.00pm-5.00pm Tay Street Family Hub</p> <p>Youth Voice 12-19+ yrs. 6.45pm-9.00pm Burnley Zone</p>	<p>Quit Squad Smoking Cessation Clinic By appointment 9.00am-1.00pm Burnley Wood Neighbourhood Centre</p> <p>Development Matters 9.30am-11.00am Chai Centre</p> <p>Strong Together Domestic abuse support drop-in 10.00am-12noon Tay Street Family Hub</p> <p>Horizons Employability Drop-in 1.00pm-3.00pm Tay Street Family Hub</p> <p>Baby and You 1.00pm-2.15pm Ightenhill Neighbourhood Centre</p> <p>Mini Move and Groove 2.15pm-3.15pm Ightenhill Neighbourhood Centre</p> <p>POUT (LGBTQ+) group 12-19+ 6.30pm-9.00pm Burnley Zone</p> 	<p>Baby and You 9.30am-10.30am Tay Street Family Hub</p> <p>Chat Play Read 9.30am-11.00am Chai Centre</p> <p>Mini Move and Groove 10.30am-11.30am Tay Street Family Hub</p> <p>Lactation Clinic By appointment only 1.00-4.00pm Tay Street Family Hub</p> <p>F.A.B. Infant Feeding Support group 1.00-2.30pm Tay Street Family Hub</p> <p>NEET Bus pass drop-in 2.00-5.00pm Burnley Zone</p> <p>Youth Can session 12-19+ years 6.30-8.30pm Burnley Zone</p> 	<p>M.A.T.C.H.</p> <p>Men and their children group for dads, grandads, and male carers with their children. Activities suitable for ages 0-11 years old.</p> <p>First Saturday in every month starting in October. Sat 7 Oct 10am-12noon Sat 4 Nov 10am-12 noon Sat 10 Dec 10am-12noon</p>  <p>Age 0-19 (up to 25 for young people with learning difficulties or disabilities)</p> <p>Someone to talk to Problems at home/school Jobs and training Apprenticeships Staying safe online Sex and health Relationships</p> <p>Mental Health Self Harm Bullying Drugs and alcohol Things to do Housing, rights and money What age can I?</p> <p>Text 07786 511111 Talk online lancashire.gov.uk/youthzone Call 0800 511111</p> <p>facebook.com/LancashireYPS twitter.com/LancashireYPS You can contact us 365 days a year 2pm to 10pm</p> 

Tay Street Family Hub
Tay Street,
Burnley
BB11 4BU

The Chai Centre
Hurtley Street
Burnley
BB10 1BY

Burnley Wood Neighbourhood Centre
33 Brunswick Street
Burnley
BB11 3NY

Whitegate Nursery
Victoria Road
Padiham
BB12 8TG

Ightenhill Neighbourhood Centre
Oak Street
Burnley
BB12 6QZ

Burnley Zone
Whittam Street
Burnley
BB11 1LW

Burnley Campus Library
Barden Lane
Burnley
BB10 1JD

A little more about our groups 0-11yrs

Infant Massage is a 6-week baby massage course, aimed at parents with babies from 6weeks old to crawling.

Baby and You is a 6-week programme aimed at parents with 0-2yr olds, allowing you to meet other new parents and share your experiences of caring for your baby together.

Mini Move & Groove is a 6-week programme which follows Baby and You, open to all parents and mobile babies up to the age of 3yrs, promoting physical play and activities.

Development Matters is a 6-week programme allowing you and your child to socialise and play alongside other children and parents.

Chat, Play & Read is a session for children and parents, aimed at supporting your child's speech and language which is a crucial skill that supports all other areas of their learning and development.

Colourful Footsteps aims to provide an inclusive environment for parents and children with SEND, age 5-11 years old to engage in learning, development, and support.

CONNECT wellbeing session for parents, a time to focus on your wellbeing and meet other parents.

Triple P Group is an 8-week programme for parents of children up to 12 years. Developing strategies and promote child development and manage behaviour.

Triple P TEEN is delivered over eight weeks for parents of teenagers up to 16-years-old who are interested in learning a variety of parenting skills.

Inside Out is a course to support primary school age children to understand with their feelings and emotions and develop confidence and self-esteem.

F.A.B. Infant feeding drop-in to provide support around feeding your baby, bonding, and attachment.

M.A.T.C.H. is a fun session to engage male carers and their children. 1st Saturday each month.

Healthy Baby Family Clinic is a weekly session in partnership with our Health Visiting team to support early years families with CFW staff on hand to offer advice and signpost to support.

Horizons Employability is a drop-in session where you can speak to an advisor about training, volunteering, and employment options.

The Freedom Programme is a programme that supports women affected by domestic abuse. For more information about this programme please call 01282 470707.

For more information, please find us on Facebook



Burnley Family Zone

Burnley Youth Zone

Friendly, non-judgemental drop-in for advice and support around breaking the cycle of domestic abuse

STRONG TOGETHER

TAY STREET FAMILY HUB BURNLEY

Starts Thursday 5th October
10-12noon
Tay Street Family Hub
Tay St, Burnley BB11 4BU

Peer support

Tea and toast in a relaxed and safe environment

No booking required, just call in

A little more about our groups 12-19yrs +

Uniquorns SEND 12-19+ aims to support young people who have any emotional, anxiety, learning, physical or other issues which are barriers to participation.

Youth Voice aims to support young people who feel they either have issues or want to seek support/talk about issues they feel important, for example bullying, mental health and personal safety.

POUT Burnley is our LGBT+ youth group for young people age 12-19+. Youth groups continue to provide a lifeline for those who cannot access the support, understanding or information that they need at home or at school. For many, an LGBT youth group will be the first place they truly feel that they can be themselves.

Youth Can is a session providing a safe space for young people to interact and engage in positive activities.

POWAR is a youth voice and influence group and aims to provide a space for young people with SEND to raise issues of importance.

NEET bus pass drop-in is a session aimed at young people aged 16-18 not currently accessing education, training or employment who needs transport support to access these opportunities.

Children and Family Wellbeing Service Burnley presents

SPOOK AND SPARKLE

FAMILY SESSIONS
ACTIVITIES FOR
CHILDREN 0-11

DON'T FORGET TO COME IN YOUR FANCY DRESS. SUPER HERO, PRINCESS, WITCHES OR WIZARDS.....

SESSIONS TAKING PLACE EVERY DAY

OCTOBER HALF TERM

MON 23 OCT CHAI CENTRE 1.15PM-3.15PM	TUE 24 OCT TAY STREET FAMILY HUB 9.30AM-11.30AM	WED 25 OCT BURNLEY CAMPUS LIBRARY 10.00AM-11.30AM
THUR 26 OCT CHAI CENTRE 9.30AM-11.00AM & IGHTEHILL CENTRE 1.00PM-2.30PM	FRI 27 OCT TAY STREET FAMILY HUB 9.30AM-11.00AM	

NO BOOKING REQUIRED, JUST TURN UP.

FAMILY HUBS NETWORK

Children and Family Wellbeing Service Burnley

Come and join us on our

Autumn Trail

Wednesday 25 October
10am-12noon
Towneley Park (near the Hall)

Activities for children 0-11 years old with carer

Woodland Craft Snacks Treasure trail

To book your family place, call 01282 470707

Burnley Children and Family Wellbeing Service would like to invite Dads, Grandads and male carers to

M.A.T.C.H.

Men And Their CHildren group, 1st Saturday in the month

Join us for breakfast, games & activities suitable for children from birth to 11 years old

No need to book!!

We can't wait to see you!!

FAMILY HUBS NETWORK

Sat 7 Oct 10-12noon
Sat 4 Nov 10-12noon
Sat 2 Dec 10-12noon

Tay Street Family Hub, Burnley