

Assessment Fortnight

Monday 11th - Friday 22nd
November

The importance of revision...

Firstly, it helps you to remember facts, figures, topics and methodologies that you have covered some time ago.

Secondly, if done correctly it will help increase your confidence and reduce anxiety – you will be well prepared for your examination.

How to effectively revise

1. Find a quiet space to work
2. Limit late night working
3. Space out your revision, do not cram last minute
4. Give yourself breaks
5. Vary your revision strategies

TIME MANAGEMENT

TIPS ON HOW TO BE EFFICIENT

STAY ORGANISED

CREATE A REVISION TIMETABLE AND A TO DO LIST TO KEEP YOU ON TRACK WITH SCHOOL WORK AND REVISION.



TRY NOT TO PROCRASTINATE

TURN OFF THE TV AND PUT YOUR PHONE ON FLIGHT MODE WHILE STUDYING.



SET GOALS

SETTING GOALS WILL HELP YOU STAY FOCUSED WHEN REVISIONING.



STAY HEALTHY

EAT WELL AND EXERCISE. ENERGY LEVELS WILL BE HIGHER AND YOUR MIND WILL BE MORE FOCUSED.



TAKE BREAKS

DON'T FORGET TO SCHEDULE BREAKS. THIS COULD BE TAKING A WALK, STRETCHING OR MAKING A DRINK/SNACK.



BE FLEXIBLE

LEAVE ROOM IN YOUR SCHEDULE TO ADJUST TO UNEXPECTED EVENTS.



Knowledge Organisers

- Will be shared with you on class charts as one document and is everything you will be tested on.
- Should be used to help you revise by going over and condensing the information on them by using the two strategies that we are going to teach you this morning.

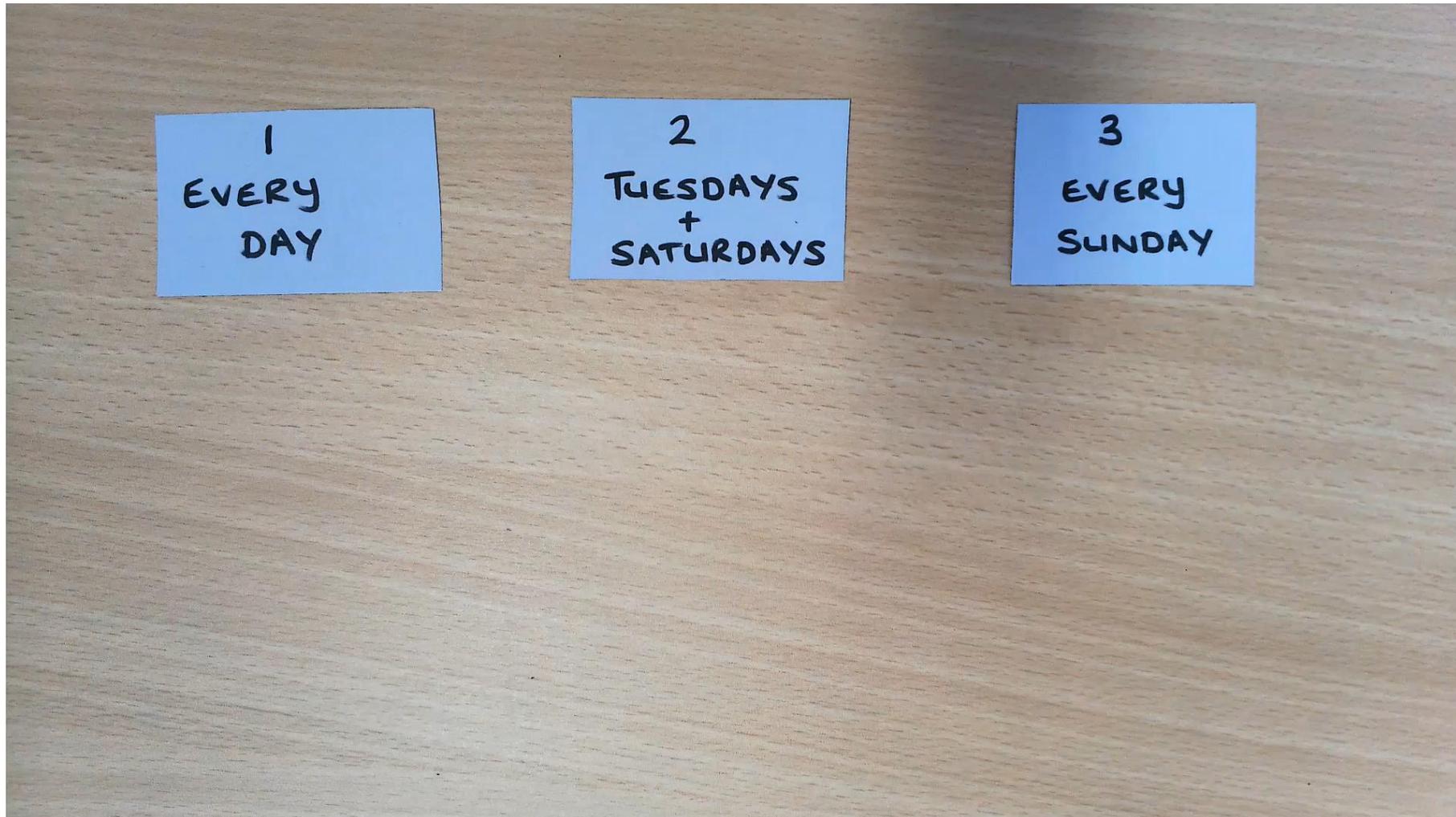
Revision Technique 1: Flashcards

Creating Flashcards

Effective flashcards:

- Only contain key information.
 - *Include the main points and leave out anything extra.*
- Allow you to test yourself.
 - *Either:*
 - *Question/Key word on one side, answer/definition on the other.*
 - *Split down the middle to allow you to cover up information.*

Testing yourself – the Leitner System



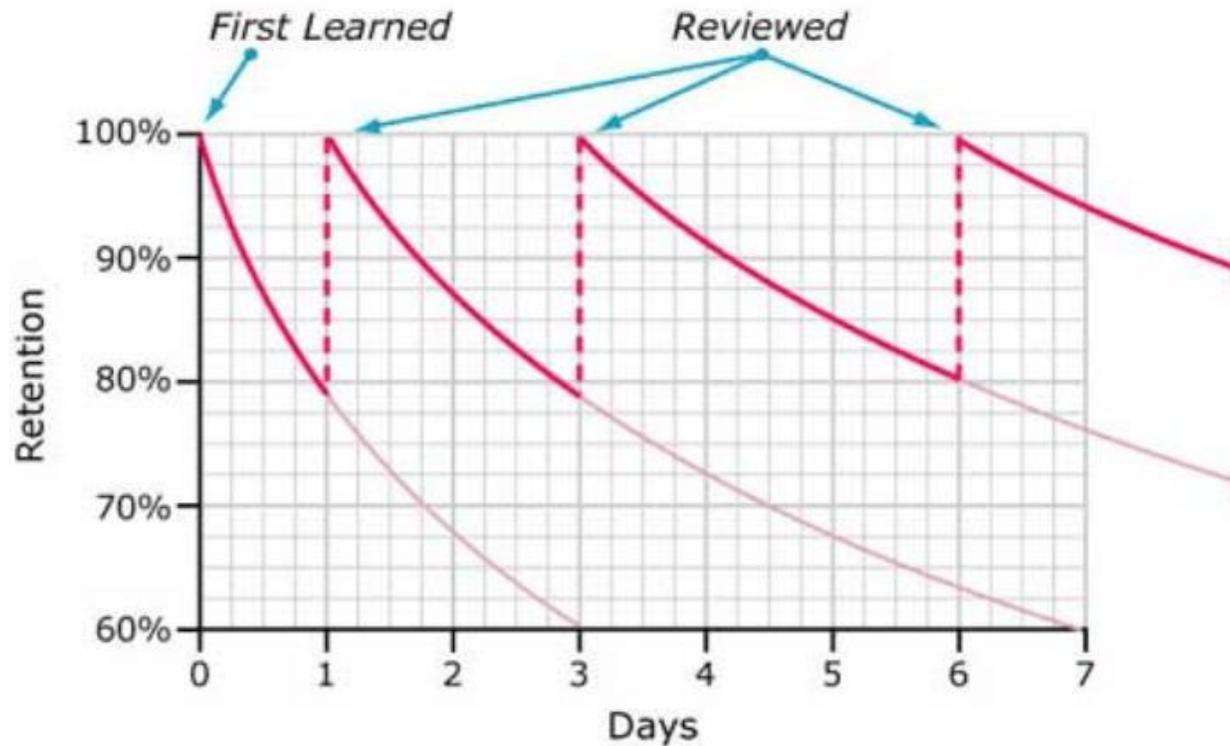
Why does it work?

We are following a technique called the **Leitner System**. With this system:

- You practise **little** and **often**.
- You revise **less frequently** the things you know **well**, and **more frequently** the things you know **less well**.
- It's an example of **self-quizzing** and **spaced practice**. Remember the forgetting curve?
- It's **motivating** to see the pile of cards you know increase over time.

Note: You can also create online flashcards using apps such as Quizlet.

The Forgetting Curve (Ebbinghaus)



What can I revise with flashcards?

Maths

Test skills-based questions and key facts

History

Key historical facts

Spanish

Complex structures and key words

Geography

Facts and keywords

Computing

Definitions and concepts

Revision Technique 2: Mind Maps

What are mind maps for?

Mind maps:

- Help us to **condense** large amounts of information into **manageable chunks**.
- Allow us to see **links** between themes and topics.
- Organise information into small groups with **sub-headings**. This helps us to practise recalling different bits of information.
- Are a good way of combining **images, diagrams** or **charts** with text.

Setting out your page

Sub-topic 1

Sub-topic 2

Main topic

Sub-topic 3

Sub-topic 4

The smaller chunks of information then go around the sub-topics, but you need to ensure that your mind map is well organised so that you can test yourself easily.
Don't use full sentences.

Mind maps – testing yourself



Why do they work?

- Information is broken into **bite sized chunks**, making it **easier to recall**.
- We can easily make and see **links** between ideas.
- The sub-headings help us to recall information and **test ourselves** easily
- **Colours** and **images** can be used, allowing us to highlight and better remember certain facts.

What can I revise with mind maps?

English

To plan the **what**, **how** and **why**.

History

Chunk evidence and make connections

Science

Break down key concepts and link topics

Geography

Organise concepts and link keywords

RE

Chunk knowledge and link keywords with subtopics

DT

Organise theory concepts

Music

Break down musical concepts and link topics

What next...

- In. each subject you will be making resources to help you with your revision.
- Check class charts for your knowledge organisers
- Start your revision

Remember to look after you!

<p>Be Kind</p> <p><i>An act of kindness you could show yourself</i></p>	<p>Step Away</p> <p><i>3 things you enjoy, to do in revision breaks</i></p>	<p>Time for You</p> <p><i>Something to look forward to</i></p>	<p>Bigger Picture</p> <p><i>5 things that make you - YOU, outside of schoolwork</i></p>
<p>♥ Prioritise Wellbeing ♥</p> <p><i>Something to look after yourself eg. a drink of water</i></p>	<p>One step at a time</p> <p><i>3 things you have achieved today eg. made your bed</i></p>	<p>Find your Rhythm</p> <p><i>A plan for the day - include breaks!</i></p>	<p>Support Network</p> <p><i>Someone you could talk to</i></p>



Welcome To Blessed Trinity