



CURRICULUM OVERVIEW FOR PHYSICAL EDUCATION (GCSE)

In year 10 and 11 students will also do Core PE

	HALF TERM 1	HALF TERM 2	HALF TERM 3	HALF TERM 4	HALF TERM 5	HALF TERM 6
YEAR 10	Skeletal System Muscular System Practical Sport 1	Cardiovascular System Practical Sport 2	Respiratory System Practical Sport 3	Physical Training Practical Sport 4	Physical Training Practical Sport 5	Physical Training Personal Exercise Programme (PEP)
YEAR 11	Movement Analysis Personal Exercise Programme (PEP) Practical Sport 6	Health, Fitness and Wellbeing Personal Exercise Programme (PEP) Practical Sport 7	Sport Psychology Personal Exercise Programme (PEP) Practical Sport 8	Socio-Cultural Influences Personal Exercise Programme (PEP) Practical Moderation	Exam Preparation	END OF EXAMINATION PERIOD